Weekly and Daily Meal Schedules

Demo Daycare Center

With Ingredients

118 S. Main Street Phoenix, OR 97535

Scheduled Menus For December 26, 2006

Friday, December 26

Breakfast: Scrambled eggs, has browns, toast with jam and milk

Ingredients:

Eggs, Shell Eggs, fresh, Large Whole

Bread, Sliced, Fresh, All types (white, rye, whole wheat, rasin, quick bread, ect.)

Potato Products, frozen, Hashed browns, Diced

Jams, Jellies and Preserves

Milk, Fluid (Skirn or Nonfat milk, Lowfat milk, Reduced fat milk, Whole milk, Lactose-reduced milk, Lactose-free milk

Snack 1:

Ingredients:

Lunch:

Peanut butter and jelly sandwich, minestrone soup, grapes and milk

Ingredients:

Nut and Seed Butters (Almond, Cashew, Peanut, Reduced fat peanut, Sesame Seed, Soy Nut, Sunflower), (Includes USI Milk, Fluid (Skim or Nonfat milk, Lowfat milk, Reduced fat milk, Whole milk, Lactose-reduced milk, Lactose-free milk Jams, Jellies and Preserves

Bread, Sliced, Fresh, All types (white, rye, whole wheat, rasin, quick bread, ect.)

Grapes, fresh, Seedless, Whole, With Stem, whole fruit

Soups, canned, Condensed (1 part water to 1 part soup), Minestrone, Tomato, Tomato with other basic components, sucl

Snack 2:

Yogurt, peaches

Ingredients:

Peaches, canned, Cling or Freestone, Halves (Includes USDA Commodity)

Yogurt, fresh (plain, flavored, sweetened or unsweetened), Commercially prepared

Dinner:

Ingredients: